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# now@SC

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VOL. 1, ISSUE 1

## Welcome!

From the Sustainable Cobourg Board

### now@SC is here!

Well, it's been a long time in the works but it's finally here; the first edition of our newsletter, *now@SC*! Here you will find out what we have been working on, what we have planned in the coming months, and news on all things sustainable in our community and beyond!

Our goal is to deliver this newsletter quarterly for now, but who knows, if all goes well, *now@SC* could be found in your inbox on a monthly basis.

Your input is important to us. If you have comments, story ideas, or any other suggestions about how to make our newsletter better, please feel free to contact us at the email address below. Your feedback may be used in a future edition of *now@SC*!

Be sure to check out the second half of the newsletter, which provides information about our upcoming speaker event and Annual General Meeting. Enjoy!



Leave the world better than you found it;  
Take no more than you need;  
Try not to harm life or the environment;  
Make amends if you do

Paul Hawken

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## Sustainable People

### Mary and Dan Brittain

Mary and Dan Brittain started saving seed 25 years ago. When they realized how many ancient plant varieties were extinct or endangered, they created their business 'The Cottage Gardener Heirloom Seedhouse' in 1996 to save and re-introduce commercially these valuable resources. They have now amassed a collection of over 700 varieties of heirloom vegetables, herbs and flowers which they make available through their website and their annual seed catalogue. Many of these are grown on their Certified Organic and Certified Bee-Friendly farm north of Newtonville. By making available these open-pollinated plants to home gardeners and small farmers, their mission is to increase food security through seed security and to enable more local food production.

# What's Happening

Sustainable news from Cobourg and area

## Pursuing a Sustainable Life

On Saturday, October 22, 2016, at 4:00 p.m., Sustainable Cobourg invites you to The Market Building in Cobourg to hear passionate speakers from 'The Cottage Gardener' talk about open-pollinated seeds and their importance for food security.

Other groups participating in a mini-market of ideas include: Cycle Transitions, The Cobourg Community Garden Group, Community Power Northumberland, 'Grow the Greenbelt', Punk Rock Produce, The Tomato Lady and Northumberland Master Gardeners. Ask questions, try free samples, and buy a t-shirt, some organic seeds or a gardening book (some signed by Frankie Flowers).

Following this interactive portion, Sustainable Cobourg will hold its Annual General Meeting. We will fill you in on what we've been up to and what we need to continue working on. We also have two board positions available: Secretary and Treasurer. See the sidebar or our website for more information on each of these position's duties.

Also, this is the time to renew your membership, if you haven't already. Most importantly, let us know what kind of a member you can be. We will have two designations: sponsor member and volunteer member. Either way, we welcome volunteers anytime to help out with our events and initiatives.

So mark your calendars for the 22<sup>nd</sup> and we hope to see you there. If you have any questions please call or email Gigi at:

905-269-9355

[gludorfweaver@sustainablecobourg.ca](mailto:gludorfweaver@sustainablecobourg.ca)

## Get Involved! *Join Our Board*

### Secretary – Volunteer Position

The Sustainable Cobourg Secretary's duties include keeping files related to past and current meetings and documents, including reports from committees; and taking minutes at the monthly board meetings and writing them up for distribution afterwards. Some additional time and effort is sometimes required at events. Time commitment: 3-4 hours per month.

### Treasurer – Volunteer Position

The Treasurer is one of two signing authorities for Sustainable Cobourg and writes all cheques and issues receipts as necessary; prepares a monthly statement of account for all board meetings and an annual statement of account for the AGM; and tracks expenses and revenue. Sustainable Cobourg's funds come mostly from memberships, donations and only occasional fundraising, so the number of transactions is quite low. Time commitment: 2-3 hours per month.

## Save the Date!

### Pursuing a Sustainable Life: Saturday, October 22, 2016

An interactive evening featuring speakers, vendors, and free samples. 4:00 p.m. at the Market Building, Cobourg. Free admission.

### Sustainable Cobourg AGM: Saturday, October 22, 2016

Annual General Meeting to be held immediately following 'Pursuing a Sustainable Life'. Two board positions to be filled.

### The Carbon Elephant in the Room:

**November 18, 2016 (TBC)**

The final event in our 2016 Speaker Series will feature another interesting topic by a local expert. More info to come!